



# SAURABH S VARSHNEY

## CHIEF CARDIAC SURGEON

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### Skills

- Robotic Cardiac Surgeries
- Minimally invasive Coronary Artery Bypass surgeries
- Transaxillary, Right anterior minithoracotomy Minimally invasive Valve surgeries
- Minimally invasive Mitral valve Repair/ Replacement
- Minimally invasive Aortic Valve Surgeries
- Mitral Valve Repairs
- Minimally invasive Congenital Cardiac Surgeries
- Total Arterial Anaortic Coronary Bypass surgeries, Bilateral Mammaries with various configurations

### Professional Summary

**A pioneer of Robotic Cardiac Surgery in Central India. Established cardiac surgery programs across more than 15 centers throughout the state of Maharashtra, India. 22 years of experience in cardiac surgery, with a cumulative operative volume exceeding 12,500 cases, including more than 1,700 minimally invasive cardiac procedures and 65 robotic-assisted cardiac surgeries. ECFMG certified**

### Websites, Portfolios, Profiles

- <https://www.google.com/search?q=dr+saurabh+varshney&ie=UTF-8&oe=UTF-8&hl=en&client=safari&sei=qkeiZ7uBlbWNnesPs7GT6A4>
- <https://www.youtube.com/user/drsaurabhvarshney>
- <https://www.facebook.com/share/1FttGLrhXj/?mibextid=wwXlfr>
- [https://www.instagram.com/drsaurabhvarshney?igsh=MWtiMzh4dm4weHJ3bQ%3D%3D&utm\\_source=qr](https://www.instagram.com/drsaurabhvarshney?igsh=MWtiMzh4dm4weHJ3bQ%3D%3D&utm_source=qr)

### Work History

12.2019 - Current

#### **Chief Cardiac Surgeon**

KIMS KINGSWAY, Free Lance - Nagpur, India  
-Doing three to four cardiac surgeries on a daily basis.

-Focused on robotic and minimally invasive techniques, performing total arterial CABG and Mini Mitral, Aortic valve surgeries.  
-Provided training for physician assistants, nurses, perfusionists, and operating room staff.  
Instructed junior cardiac surgeons in advanced robotics and minimally invasive surgery methods.

11.2009 - 01.2020

### **Chief Cardiac Surgeon**

Care Hospital, Arneja Heart Institute, Platina Heart Hospital Nagpur  
Established cardiac surgery departments at Mahatma Gandhi Institute of Medical Sciences and additional centers across Yawatmal, Amravati, and Nagpur.  
Pioneered development of cardiac surgery units throughout Maharashtra to enhance surgical availability.  
Executed three to four daily cardiac surgeries utilizing minimally invasive techniques and bilateral mammary grafts for multi-vessel CABGs.

06.2006 - 01.2020

### **Consultant Cardiac Surgeon**

Government Medical Colleges And Super Specialty Hospital, Nagpur - Nagpur  
Led pediatric cardiac surgeries, CABG, and thoracic procedures as Unit Head at State Government Institute.  
Trained General Surgery and Anaesthesia residents in cardiovascular and thoracic surgery techniques.  
Educated perfusionists, nurses, and technicians on best practices in postoperative care.  
Supervised complex surgical operations while ensuring adherence to safety protocols.

## **TEACHING APPOINTMENT HISTORY**

2006-2011,

### **Unit head, Assistant professor Cardio-Thoracic and Vascular Surgery, Government Medical College and Super Specialty Hospital, Nagpur, Maharashtra ( Public Sector)**

- My teaching experience spans mentoring General Surgery and Anaesthesia postgraduate residents, instructing MBBS students, and training nursing and allied health learners, with a focus on clinical skills, operative decision-making, and evidence-based practice.

- **2011- Present ( Private and Public sector)** -I teach junior cardiac surgeons, anaesthesia and nursing staff, and other paramedical teams, focusing on operative skills, peri-operative decision-making, and structured post-operative care. I have also led the development of clinical protocols and played a key role in establishing fully functional cardiac surgery departments across more than 15 centres.

## **PRINCIPLE CLINICAL AND HOSPITAL ADMINISTRATIVE RESPONSIBILITIES**

- As the principal hospital administrator for cardiac surgery, I oversee the strategic, operational, and quality aspects of the department. My role includes coordinating multidisciplinary teams, optimizing patient pathways, ensuring adherence to clinical protocols, and driving performance improvement initiatives. I manage resource planning, support training programs, and streamline post-operative care systems. Additionally, I contribute to infrastructure development, accreditation processes, and policy formulation to enhance clinical outcomes and overall departmental efficiency.

## COMMITTEE ASSIGNMENTS

- 1999: Participated in National Health Programmes, including Tuberculosis, Family Planning, Leprosy, Malaria, and Filariasis initiatives.
- 2003: Member, Department of Surgery Research Committee.
- 2010: Member, Perfusionist Selection Committee, Maharashtra University of Health Sciences, Nashik.
- 2010–present: Serving on Hospital Infection Control, Medical, and Quality Control Committees at CARE, Arneja Heart Institute, Platina Heart Institute, KIMS - Kingsway, Nagpur

## Education And Certifications

01.2003

M.Ch, Cardio-Thoracic & Vascular Surgery, All India Institute of Medical Sciences - New Delhi, India  
Served as Senior Resident in CVTS at AIIMS, New Delhi, which is the premiermost Institute in the country, I gained comprehensive experience in complex cardiac, thoracic, and vascular procedures, with active involvement in perioperative management, academic teaching, research, and protocol development. I also gained experience in Cardiac transplantation and heart failure surgeries including VADs

Educational Commission For Foreign Medical Graduates - USA  
ECFMG certified after passing USMLE STEP 1, STEP 2 and CS.  
ECFMG no:( 0-725-711-6)

01.2001

Master in Surgery, Government Medical College, Nagpur University - Nagpur, India  
Completed MS in General Surgery from GMC Nagpur, receiving rigorous training in managing a wide spectrum of surgical conditions. Gained extensive operative exposure, acute care experience, research involvement, and a strong foundation in surgical principles that shaped my progression into advanced cardiac surgery

01.1993

MBBS, Government Medical College, Nagpur University - Nagpur, India  
Completed MBBS from GMC Nagpur with strong clinical training, early surgical exposure, and active involvement in patient care and community health work

## Media

- **Featured across multiple media platforms for contributions to cardiac surgery, minimally invasive innovations, public health education, and professional leadership, highlighting my clinical expertise and national impact-**

<https://timesofindia.indiatimes.com/city/nagpur/central-indias-first-robotic-assisted-bypass-surgery-performed-in-nagpur/articleshow/117437170.cms>

<https://www.thehitavada.com/Encyc/2025/1/22/City-cardiologist-performs-Central-India-s-first-Robotic-assisted-CABG-surgery.html>

[https://www.ehitavada.com/article.php?mid=Mpage\\_2025-11-02\\_80c260ffc3324e533ec95955a7018de3\\_ai](https://www.ehitavada.com/article.php?mid=Mpage_2025-11-02_80c260ffc3324e533ec95955a7018de3_ai)

[http://m.timesofindia.com/city/nagpur/Mammary-artery-bypass-technique-gaining-ground-in-city/amp\\_articleshow/50411413.cms](http://m.timesofindia.com/city/nagpur/Mammary-artery-bypass-technique-gaining-ground-in-city/amp_articleshow/50411413.cms)

<http://timesofindia.indiatimes.com/city/nagpur/third-pak-child-undergoes-heart-operation-in-nagpur/articleshow/17011101.cms?from=mdr>

<http://timesofindia.indiatimes.com/city/nagpur/Doctor-conducts-rare-heart-surgery-on-baby/articleshow/26600729.cms>  
<http://timesofindia.indiatimes.com/city/nagpur/On-the-eve-of-Eid-Pakistan-kids-get-a-gift-of-heart/articleshow/16973817.cms>  
[http://m.timesofindia.com/city/nagpur/Minimal-invasive-surgery-maximum-benefits/amp\\_articleshow/46497260.cms](http://m.timesofindia.com/city/nagpur/Minimal-invasive-surgery-maximum-benefits/amp_articleshow/46497260.cms)  
<http://timesofindia.indiatimes.com/city/nagpur/Doctors-give-Sneha-a-new-life/articleshow/8701368.cms>

## PUBLICATIONS

- 2006, Rheumatic Myocarditis masquerading as left ventricle tumor, CIRCULATION, 114, E487-E488
- 2007, Re channeling of Total anomalous Pulmonary Venous connection with or without vertical vein ligation: Results and guidelines for candidate selection, J Thorac CardioVasc Surg, May, 133, 1286
- 2012, Hematological Alterations in human blood after leech application, Int J of Molecular Genetics, 2249-4227, 2, 1-10
- 2014, Giant Left Ventricular pseudoaneurysm, Asian Cardiovascular & Thoracic Annals, 22, 6, 753-754
- 2014, Paired Aneurysms of Sinuses of Valsalva, Indian J Thorac Cardiovasc Surg, Jan-Mar, 30, 1, 50-51

## PROFESSIONAL SOCIETY INVOLVEMENT

- 2023, SMICTSI, Society of Minimally Invasive Cardiothoracic and Vascular surgeons
- 2013, CSI, Cardiology Society of India
- 2013, IACTS, Indian Association of Cardiothoracic Surgeons
- 2020, CTS, Cardio- thoracis Society
- 2013, Active participation in Various Online Forums and Groups (Heart Surgery Forum, Cardiac surgeons, Cardiac Surgeons in India)

## EXTRA CURRICULAR

Fitness enthusiast: regular gym training and marathon running

Music: trained flute player

Parent to a resilient 9-year-old daughter navigating Type 1 diabetes